

Redi-Base Seafood Base

No Added MSG**

Storage Conditions, Shelf Life, Servings and Yield

Storage: Refrigerate for best shelf life and flavor. May be frozen.

Shelf Life: 1 month non-refrigerated, 6 months refrigerated, may be frozen to extend shelf life.

Servings: 40 per 8 oz. jar.

Yield: 2 1/2 gallons.

Ingredients

Fish (pollack and cod), salt, sugar, maltodextrin, potato flour, yeast extract, onion powder, food starch - modified, natural flavors, garlic powder, spices, disodium inosinate, disodium guanylate, partially hydrogenated cottonseed and soybean oil, and lemon juice solids.

Nutritional Information

Product prepared with: Water

	1 cup prepared	%DV*	Per 100 grams (base)
Weight or Serving Size	1 tsp. (6g)		100g
Calories	10		139
Calories from Fat	0		4
Total Fat	0g	0%	0.4g
Saturated Fat	0g	0%	0.1g
Trans Fat	0g		0.0g
Cholesterol	0mg	0%	14.7mg
Sodium	780mg	33%	13,830mg
Total Carbohydrates	1g	0%	25.2g
Dietary Fiber	0g	0%	0.4g
Sugar	1g		19.3g
Protein	1g		9.5g
Vitamin A		0%	13.6 IU
Vitamin C		0%	2.0mg
Calcium		0%	36.3mg
Iron		0%	1.3mg

*Percent Daily Value (DV) are based on a 2,000 calorie diet.

**Contains no added MSG except for that which is naturally occurring.