

RC Crab Base

No Added MSG**

Storage Conditions, Shelf Life, Servings and Yield

Storage: Refrigerate for best shelf life and flavor. May be frozen.

Shelf Life: 1 month non-refrigerated, 6 months refrigerated, may be frozen to extend shelf life.

Servings: 80 per 16 oz. jar.

Yield: 5 gallons.

Ingredients

Cooked crab meat, salt, maltodextrin, sugar, potato flour, dextrose, onion powder, hydrolyzed wheat protein, crab extract, garlic powder, spices, disodium inosinate, disodium guanylate, yeast extract, sunflower oil, and citric acid.

Contains Shellfish and Wheat.

Nutritional Information

Product prepared with: Water

	1 cup prepared	%DV*	Per 100 grams (base)
Weight or Serving Size	1 tsp. (6g)		100g
Calories	10		193
Calories from Fat	0		5
Total Fat	0g		0.6g
Saturated Fat	0g		0.1g
Trans Fat	0g		0.0g
Cholesterol	0mg		23.1mg
Sodium	610mg		10,810mg
Total Carbohydrates	2g		38.3g
Dietary Fiber	0g		0.7g
Sugar	1g		14.2g
Protein	1g		8.9g
Vitamin A		0%	38.0 IU
Vitamin C		0%	2.9mg
Calcium		0%	47.6mg
Iron		0%	0.6mg

*Percent Daily Value (DV) are based on a 2,000 calorie diet.

**Contains no added MSG except for that which is naturally occurring.